

Benn There Consulting, LLC

- ❖ *Are you feeling lost, afraid, confused, devalued, or unheard? Experiencing overwhelming thoughts to the point of pure exhaustion?*
- ❖ *Are you considering a way to escape an emotionally manipulative, dishonorable, controlling relationship?... If the answer is yes, please allow me to introduce myself.*

Hello,

My name is Ellecia Benn-Williams, CEO & Founder of Benn There Consulting, LLC. Certified Professional Life, Life Purpose, and CBT Coach, Certified Adult & Youth Mental Health First Aider, and Transformational Public Speaker.

My Mission:

I help women who feel lost in transition to heal from life challenges, reclaim their dignity, self-respect, and confidence. Transform uncertainties into clarity and pain into purpose through supportive, purpose driven, proven coaching strategies.

I am the creator of '**Benn There...Done That...Now What?**' A private Facebook group developed for women to connect, support, share resources, and empower one another to be better versions of themselves.

I want to reassure you that what you are feeling is real. Your emotions are your current truth and your pathway to freedom. Through your unspoken words, '**I hear your pain**', through your body language '**I see your fears and life uncertainties**', being the one projected as unbelievable, '**I believe you**'.

I am well equipped to take you on a journey to '**Freedom**'. You are worthy and intentionally created for a greater life purpose. It would be my honor to help navigate and support you on your journey to becoming a happier, healthier version of yourself.

Let's talk! Book your 'FREE' private 1:1 '**Call to Freedom**' Consultation Session with me today by clicking on the link www.bennthereconsulting.com

Cheers,

Coach Ellecia

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In a relationship, you shouldn't have to think five steps ahead, walk on eggshells, anticipate their mood, take the blame for all tensions, read their mind, apologize for their behavior, and fear they may stop loving you from one day to the next. This isn't healthy love. It is control.