



*We are purposed to support and encourage one another.
"Therefore, encourage and comfort one another and build up one another. "*

I Thessalonians 5:11



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MEET ELLECIA BENN-WILLIAMS, CEO & Founder of Benn There Consulting, LLC

Ellecia is a proud graduate of the University of Mississippi Medical Center, where she earned a Bachelor of Health Science degree. With over 20 years of dedicated service in the healthcare field, her experience spans both clinical and administrative. She currently serves as the Education Administrator for the Department of Psychiatry at a local hospital in the Jackson, MS Metro area.

Her passion for personal development and mental health wellness led her to obtain several professional certifications:

- Certified Professional Life Coach
- Certified Life Purpose Coach
- Certified CBT Coach
- Certified Adult and Youth Mental Health First Aider
- Certificate in Leadership, Troy University

Ellecia is a highly sought-after Transformational Speaker, known for delivering messages that inspire, heal, and empower.

While she wears many hats, her most cherished roles are those of a devoted wife, mother, grandmother, and purpose-driven life coach. Her journey into coaching was born from personal experience.

Following a painful and life-altering divorce, Ellecia found herself navigating the depths of emotional hardship while working full-time and raising her three children. Through counseling, self-discovery, and prayer, she was able to rebuild her life with clarity, strength, and a renewed sense of purpose.

That transformative experience fueled her desire to create Benn There Consulting, LLC, a safe, supportive space where women can heal from toxic relationships, regain their self-confidence, set healthy boundaries, and find clarity to their uncertainties.

Today, through her coaching programs and speaking engagements, she remains committed to advocating for mental health, encouraging personal growth, and empowering women to become who God created them to be with bold confidence.

Ellecia uses two words to describe her mission to serve and support her clients, Simple and Empowering:

"My goal is to be to other women, the woman I needed when I was facing life's toughest challenges."

~ Coach E